

The Supreme Master Ching Hai



The **D**O**G**S in My **L**I**F**e

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BESTSELLING AUTHOR OF THE BIRDS IN MY LIFE



Recommendations from Readers Worldwide

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His Eminence Archbishop Diosdado Talamayan, D.D., the Philippines:

...I was so happy...to read and read the book "The Dogs in My Life", realizing that in substance, we share a common wish: "The life of our friends, sweet animals, be it on land, or in the sea, they should be loved, protected and cherished, just like the life that we wish."

Helmut Nitzschke, movie director, Berlin, Germany: From the texts, between the lines, between the pictures, the titles, from the pictures one message can be heard - the call to help animals in need where we can so that they can lead a better life in dignity. We should respect our animal siblings as presents by God, not only be glad about them, but protect and love them.

Emmy Award-winning news journalist Jane Velez-Mitchell: Supreme Master has rescued the stray dogs she has encountered and rekindled their trust in the human race through her unconditional love and her limitless kindness. If we are to evolve, we must treat voiceless, helpless animals with dignity, love and kindness. Oh, if only we could have a million Supreme Masters to rescue and love all the dogs that abound! Instead, we can only hope that people around the world listen to Supreme Master's wisdom and advice.

K. Chen, former associate researcher, Harvard University, USA: In the prologue of the book, Master wrote, "All beings are like us..." This is truly amazing! Chuang Tzu, an ancient Chinese philosopher, said in his Equalization of Things, "Heaven and Earth co-exist within me and all beings are one with me." I've known this phrase for many years, but it is not easy to really experience this. However, after reading Master's book, I did have that experience. Dogs and humans do have something in common; it is that our Souls are essentially one. It is so true that "It behooves us to be their good co-inhabitants, with all due respect, peace and love," and that "They should be loved, protected, and cherished, just like the life that we so wish."

J. Campbell, MBA, Ottawa, Canada: When I was a child, my very best friend was my dog, Tex. Other people saw Tex as scruffy and old. But, to me, he was the most beautiful being that ever walked the face of the earth. With his luminous brown eyes, he told me every day that he loved me more than anything else in the world. In Supreme Master Ching Hai's books, *The Dogs in My Life* (1 and 2), I saw, in the eyes of her dogs, the same look of unconditional love. As I turned the pages, I was moved to tears. Anyone who has loved a dog would love these books!

S. Reeve, teacher, children's education, Canada: There were great photos of Master interacting with her dogs plus humorous and thoughtful words to accompany each picture! It is really a work of art and a tribute to humans' best friend!

Margaret O'Malley - Dublin, Ireland: This is a wonderful book, "The Dogs in My Life". It's so colorful, and you can see how we all interact with our animal friends and how important they are in our lives. And all the photographs show the dignity of the animals and how they can enrich our lives.

Mark Gessat University student, Germany: With "The Dogs in my Life", Supreme Master Ching Hai and her dogs really enrich our life. Without her help we would never get a glimpse into the amazingly rich emotional life of these pure and loving beings, and without her dogs we would not know the perfect way in which an enlightened Master cares for each being according to his or her inner needs. This work of art is really a great step into an Era of a much deeper understanding of the wonderful world of animals, and seeing how these dogs naturally understand Supreme Master Ching Hai's way of life makes us want to do so even more..

Choi Hyun-Ju - Seoul, Korea: I became more understanding toward my three dogs, Bitdoli, Munggli, and Mingmingi that I raise now. Before they sleep I read the book for them like a fairy tale book, they fall asleep comfortably and seem to feel love. Munggli is also very, very happy to read this book!

Yang Mi-Young -Seoul, Korea: What was the most touching thing about reading this book was to see how some animals can have such a variety of facial expressions. Their faces show all the feelings: being joyful, sad, happy, satisfied, and more.

A. Shrestha, Kathmandu, Nepal: Master's love reaches out not only for humans but for all sentient being of this world. She is the only One who speaks for those beings who can't speak for themselves. Her efforts to save and give love to animals friends is bringing positive result in many lives and makes the reader of this great book think again for the loving beings. This book presents the noble idea in simple ways but has the deep meaning inside. Master not only tells the world to be compassionate to animal friends, She also gives the living example to the world.

A. Fanton, English teacher, Australia: These books are a touching memo describing the innermost feelings and everyday loving thoughts of Master's canine friends; it's uplifting, surprising, inspiring and humbling.

Corr Christopher - Belfast, North Ireland: This book really shows you that the dogs have characters just like people and I never really realized that before until I read it. It kind of made me think that maybe I could get a dog from the shelter and it could be really a great pet. So this book is an eye-opener in a lot of ways, for me.

Chang Chun Yen, Academia Sinica and former president of Chiaotong University, Formosa (Taiwan): I have had the experience of living with dogs in the past. I was so touched to see how Supreme Master Ching Hai loves the dogs and how She extends her love to all humans, and I realized that love can be boundless.

Wang Li Ling, Director of the Board, Homes for Homeless Animals Foundation, Formosa (Taiwan): In each warm and loving picture, Supreme Master Ching Hai seems like a loving mother next door. She is so amicable and so accessible. Her intimate communion with her dog children deeply touches our heart.



The DOGS in My LIFE



The Supreme Master Ching Hai

Love Love
For Butterfly
and Peter, the stray well-mannered dog
For the dogs in my life
And all the animals alike



Despite the fact that we are an odd herd
with different species of dogs,
we all have one thing in common —
this beloved human “pet,” we all own!



Inspired by the dogs
Compiled by
Supreme Master Ching Hai

And to all the dogs that I love:

- 1 Benny
- 2 Lucky
- 3 Happy
- 4 Hermit
- 5 Goody
- 6 Boyo
- 7 Lady
- 8 Pomas
- 9 Zolo
- 10 Hally





Home - Photos from:

Supreme Master Ching Hai

Crystal Vo

Victor Ngo

T. June

Thomas Lux

Steven André

Danny Vu



Words from a Child

These are the examples of what should be
The life of our friends, sweet animals.
Be it on land, in the air or in the sea.
They should be loved, protected and cherished,
Just like the life that we so wish.

Dearest Heaven, Dear Lord of Karma
Please do love and care for all creatures
For it breaks my heart to see their plight.
I cannot bear to see them suffer.

There're plenty places in Heaven above
Take them all up, and give them love.
This's my little prayer for all beings:

Just your little Love and Compassion.
May all be well, live and let live.
All Love, all care and all forgive.

~ Supreme Master Ching Hai



The Story of the Human Saint We Adopted

Collectively written by Ten Lucky Canines

Benny, Lucky, Happy, Hermit, Goody, Boyo, Lady, Pomas, Zolo,
and Hally

~ Compiled by Book Group

Our beloved human, or simply, our Mom, is also known by countless people in the world as Supreme Master Ching Hai. As a young child, She already showed signs that She was destined to become a Saint through Her natural great love for all beings, including us animals.

Since becoming an enlightened Master, She has devoted Herself to the teaching of the Quan Yin Method (an ancient meditation practice focusing on the inner Sound and Light) and the promotion of veganism. She once said that if only one half of the world's people became vegans, we would have peace on Earth. The killing of animals for food has culminated in a violent atmosphere, which in turn sprouts violence, wars and misery among humans. Therefore, the lives of us animals and those of humanity cannot be separated.

To those who follow our human Saint, She might be a Master or a great teacher, but to us animals, She is just our loving Mom. She does all things a Mom does, like bathing us, cooking for us, singing to us, taking us for walks, and playing with us. We hope we can share Her love with all our animal friends in the world, and that the day will come when each and every one can live a life with an abundance of food, warm shelter, and love, the way we do.

With much love
To Humans and all.



Biography of The Supreme Master Ching Hai

The Supreme Master Ching Hai was born in Central Au Lac (Vietnam). At the age of eighteen, Master Ching Hai moved to England to study, and then later to France and then Germany, where She worked for the Red Cross and married a German physician. After two years of happy marriage, with Her husband's blessings, She left Her marriage in pursuit of enlightenment, thus fulfilling an ideal that had been with Her since Her childhood. This began a time of arduous pilgrimages to many different countries that ended only when She met a perfect living Master in the Himalayas. Master Ching Hai received the divine transmission of the inner Light and Sound, which She later called the Quan Yin Method. After a period of diligent practice, She attained Perfect Enlightenment.

To satisfy the longing of sincere Truth seekers, the Supreme Master Ching Hai offers the Quan Yin Method of meditation to people of all nationalities, religions and cultural backgrounds. Her message of love and peace brings spiritual liberation and hope to people throughout the world, reminding all to uphold Truth, Virtue, and Beauty in life.



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In speaking of God or the Supreme Spirit, Master instructs us to use original non-sexist terms to avoid the argument about whether God is a She or a He.

She + He = Hes (as in Bless)

Her + Him = Hirm (as in Firm)

Hers + His = Hiers (as in Dear)

Example: When God wishes, Hes makes things happen according to Hiers will to suit Hirmself.

As a creator of artistic designs as well as a spiritual teacher, Supreme Master Ching Hai loves all expressions of inner beauty. It is for this reason that She refers to Vietnam as "Au Lac" and Taiwan as "Formosa." Au Lac is the ancient name of Vietnam and means "happiness." And the name Formosa, meaning "beautiful," reflects more completely the beauty of the island and its people. Master feels that using these names brings spiritual elevation and luck to the land and its inhabitants.

BENNY

*Benny, my first “official” dog. Maltese.
Protective, loving, loyal and also sticky
(likes to stick close). He is a scholar, officially.
Nicknames: The Boss, The Alfa, Big Brother,
The Scholar.*

*He attended/graduated from a training school
named K-9 Cadet. The school was impressed
by his behavior and discipline. When he
graduated, I came to bring him home. The
teacher told him to lay down. He did. Anxious
to be in my arms, but “not allowed to walk”
by the teacher, he crawled toward me inch by
inch, like a trained soldier. And reached me in
the still “down” position, as the teacher and all
present shed tears of emotion. “My God! We
did not teach him this!”*

Benny is very compassionate and caring. If someone is sad, he comes to offer comfort and love to that person till he or she is cheered up. One of my attendants used to play drama like crying, and Benny would always come to him and kiss him all over every time. Benny specially loves children and other animals. If he finds an injured bird or other, he will sit there on guard till I come over and take care of it. He is ever so quiet and gentle as not to frighten the wounded creature.

He loves Veggie Green Bones like crazy. But if I give with the intention to pacify him as I'm leaving the house (and him) to go out, he

won't take the bone, but goes away from it into a corner and sulks! He sneaks to my place/bed anytime if let him, forsaking all comfort of his own bed/sofa.

Every time I came home, or let him in my room, he is excited like Heaven, rolling all over my bed, my sofa, or sleeping bag, or on the floor – just depends on what's available.

He is a loving being incarnate. He is a high-level soul who humbly plays the role of a little dog, just to love me.



In the beginning, there was solely me -
Benny the first and only.

wait for me!

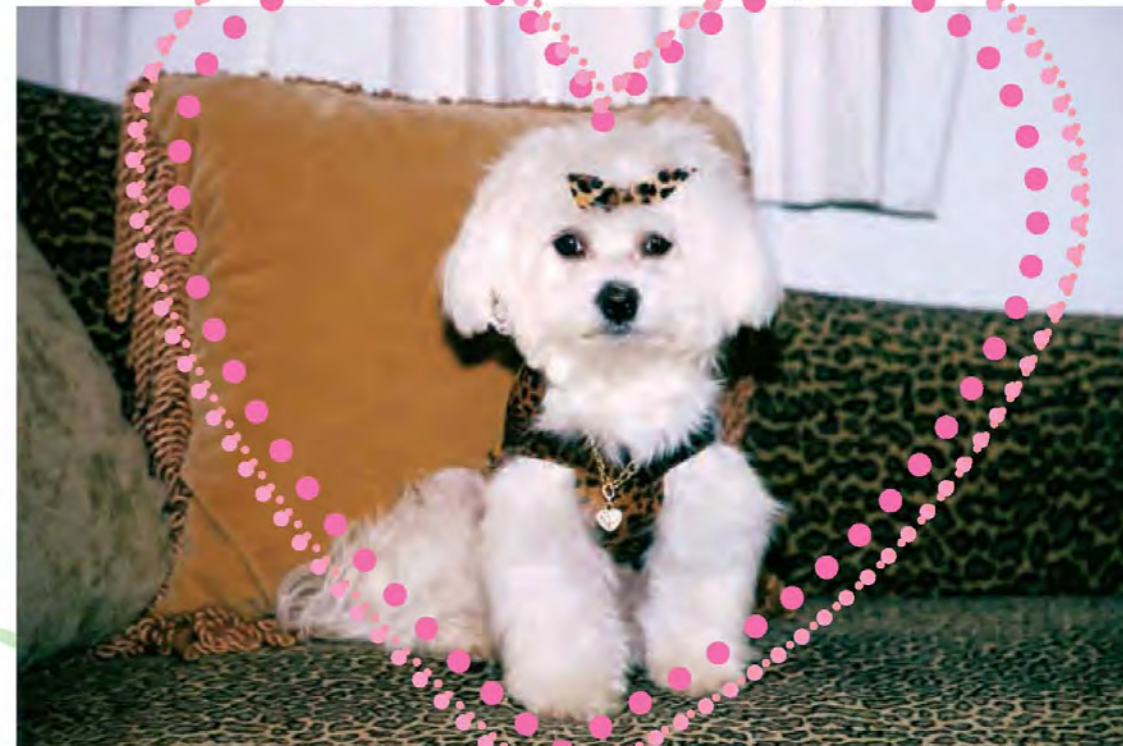


I'm out here, Mom!





Who is the lucky guy?



My official photo at five months old.

